253 BASIC COMPLEXES FOR BIOMEDIS TRINITY

Mode-1 or 2

- 1. ANTI-STRESS, Mode-1 or 2
- 2. BASIC DAY TIME DETOX, Mode-1 or 2
- 3. BASIC NIGHTTIME DETOX, Mode-1 or 2
- 4. DETOX FROM HEAVY METALS, Mode-1 or 2
- 5. ACID-ALKALINE BALANCE, Mode-1 or 2
- 6. ANTI-PARASITES, Mode-1 or 2
- 7. ANTI-BACTERIAL, Mode-1 or 2
- 8. ANTI-FUNGAL, Mode-1 or 2
- 9. ACNE, Mode-1 or 2
- 10. ADENOIDS, Mode-1 or 2
- 11. ADNEXITIS, Mode-1 or 2
- 12. ADRENALS SUPPORT, Mode-1 or 2
- 13. ALCOHOL ADDICTION, Mode-1 or 2
- 14. ALLERGIC DERMATITIS, Mode-1 or 2
- 15. ALLERGIC RHINITIS / POLLINOSIS, Mode-1 or 2
- 16. ALZHEIMER'S DISEASE MAINTENANCE, Mode-1 or 2
- 17. ANEMIA, Mode-1 or 2
- 18. ANTI-AGE / YOUTH, Mode-1 or 2
- 19. ANTI-DEPRESSION, Mode-1 or 2
- 20. ARTERIOSCLEROSIS / ATHEROSCLEROSIS, Mode-1 or 2
- 21. ARTHRITIS / PAINFUL JOINTS, Mode-1 or 2
- 22. ASTHMA ATTACK, Mode-1 or 2
- 23. ASTHMA BRONCHIAL, Mode-1 or 2
- 24. AUTOIMMUNE DESEASE, Mode-1 or 2
- 25. BACK PAIN, Mode-1 or 2
- 26. BEAUTIFUL HAIR, Mode-1 or 2
- 27. BILIARY DYSKINESIA, Mode-1 or 2
- 28. BLEEDING, Mode-1 or 2
- 29. BLOATING ABDOMINAL, Mode-1 or 2
- 30. BLOOD pH BALLANCE, Mode-1 or 2

 BLOOD THINNING, Mode-1 or 2 32. BOIL FURUNKLE, Mode-1 or 2 33. BRAIN CONTUSION, Mode-1 or 2 34. BRONCHITIS / COUGH, Mode-1 or 2 35. CANCER DETOX, Mode-1 or 2 36. CANCER FREQUENCIES, Mode-1 or 2 37. CARPAL TUNNEL SYNDROME, Mode-1 or 2 38. CHICKEN POX, Mode-1 or 2 39. CHOLECYSTITIS ACUTE, Mode-1 or 2 40. CHRONIC FATIGUE SYNDROME, Mode-1 or 2 41. COCCYX TRAUMA, Mode-1 or 2 42. COLD / RUNNING NOSE / COUGH / FEVER, Mode-1 or 2 43. COLITIS / GASTRODUODENITIS ACUTE, Mode-1 or 2 44. CONJUNCTIVITIS, Mode-1 or 2 45. CONSTIPATION, Mode-1 or 2 46. CORONAVIRUS- ACTIVE PROTECTION, Mode-1 or 2 47. CORONAVIRUS- POSTCOVID ASTHENIA, Mode 2 48. CORONOVIRUS-RESTORATION, Mode-1 or 2 49. CORONAVIRUS SEVERE COURSE THERAPY, Mode-2 50. CORONAVIRUS THERAPY, Mode- 2 51. COSMETOLOGY FOR MEN, Mode-1 or 2 52. COSMETOLOGY FOR WOMEN, Mode-1 or 2 53. COXSACKIE VIRUS, Mode-1 or 2 54. CYSTITIS, Mode-1 or 2 55. CYTOMEGALOVIRUS, Mode-1 or 2 56. DEMODICOSIS, Mode-1 or 2 57. DENTAL PROGRAM, Mode-1 or 2 58. DIABETES TYPE 2, Mode-1 or 2 59. DIARRHEA, Mode-1 or 2 DIGESTIVE SYSTEM RESTORATION, Mode-1 or 2 61. DRUGS ADDICTION, Mode-1 or 2 62. DYSBACTERIOSIS, Mode-1 or 2 63.EAR- HEARING IMPAIRED, Mode-1 or 2 64.EAR- OTITIS, Mode-1 or 2 65.EAR - TINNITUS, Mode-1 or 2 66.ENDOMETRIOSIS, Mode-1 or 2 67. ENERGY RESTORATION, Mode-1 or 2

68.EPSTEIN-BARR VIRUS, Mode-1 or 2 69.EYESIGHT BASIC REGULATION, Mode-1 or 2 70.EYE CATARACT OR GLAUCOMA, , Mode-1 or 2 71.EYE DRY EYE SYNDROME, Mode-1 or 2 72.EYE HEMORRHAGE, Mode-1 or 2 73.EYESIGHT HYPEROPIA, Mode-1 or 2 74.EYESIGHT MYOPIA, Mode-1 or 2 75.FEVER, Mode-1 or 2 76.FIBROMYALGIA, Mode-1 or 2 77.FLIGHT PROGRAM, Mode-1 or 2 78.FLU, Mode-1 or 2 79.FOOD POISONING, Mode-1 or 2 80.FREQUENTLY SICK CHILDREN, Mode-1 or 2 81.GALLSTONES DISEASE ACUTE, Mode-1 or 2 82.GASTRITIS ACUTE, Mode-1 or 2 83.GOOD STUDENT, Mode-1 or 2 84.GOUT, Mode-1 or 2 85.HANGOVER, Mode-1 or 2 86.HEADACHE, Mode-1 or 2 87.HEART ATTACK, Mode-1 or 2 88.HEART ARRHYTHMIA, Mode-1 or 2 89.HEART-HEALTH, Mode-1 or 2 90.HEART-MYOCARDITIS / PERICARDITIS, Mode-1 or 2 91.HEART RECOVERY POST MYOCARDIAL INFARCTION, Mode- 2 92.HELICOBACTER PYLORY, Mode-1 or 2 93.HEMORRHOIDS, Mode-1 or 2 94.HEPATITIS, Mode-1 or 2 95.HERNIATED DISK, Mode-1 or 2 96.HERPES SIMPLEX TYPE 1 OUTBREAK, Mode-1 or 2 97.HERPES SIMPLEX TYPE 2 OUTBREAK, Mode-1 or 2 98.HERPES ZOSTER SHINGLES, Mode-1 or 2 99.HIGH CHOLESTEROL, Mode-1 or 2 100.HIV / AIDS IMMUNE SYSTEM SUPPORT, Node-1 or 2 101.HPV, Mode-1 or 2 102.HYPERTENSION BASIC, Mode-1 or 2 103.HYPOTENSION BASIC, Mode-1 or 2 104.IMMUNE SYSTEM ACTIVATION, Mode-1 or 2

105.IMMUNE SYSTEM STABILIZATION, Mode-1 or 2 106.INSECTS BITE, mode-1 or 2 107.INSOMNIA, Mode-1 or 2 108.INTRACRANIAL HYPERTENSION WITH MUSCLE TIGHTENING, Mode-1 or 2 109.JET LAG, Mode-1 or 2 110.KIDNEY STONE, Mode-1 or 2 111.KIDNEYS SUPPORT, Mode-1 or 2 112.KNEE - PAIN AND RECOVERY, Mode-1 or 2 113.LANGUAGE/MEMORY/ READING/WRITTING SKILLS, Mode-1 or 2 114.LYME DISEASE, Mode-1 or 2 115.LYMPH SYSTEM DETOX, Mode-1 or 2 116.LYMPHADENITIS, Mode-1 or 2 117.MASTITIS, Mode-1 or 2 118.MASTOPATHY, Mode-1 or 2 119.MEMORY CORRECTION, Mode-1 or 2 120.MENOPAUSE, Mode-1 or 2 121.MIGRAINE, Mode-1 or 2 122.MONEY MAGNET, Mode-1 or 2 123.MONKEYPOX THERAPY, Mode-1 or 2 124.MOTION SICKNESS, Mode-1 or 2 125.MUSCLES HYPERTONUS, Mode-1 or 2 126.MUSCLES HYPOTONUS, Mode-1 or 2 127.MUSCLES SPASMS/CRAMPS/TWITCHING, Mode-1 or 2 128.MUSCLES TONE, Mode-1 or 2 129.NAIL FUNGUS, ONYCHOMYCOSIS, Mode-1 or 2 130.NECK MYOSITIS, Mode-1 or 2 131.NERVOUS SYSTEM RESTORATION, Mode-1 or 2 132.NERVOUS TIC, Mode-1 or 2 133.NEURITIS, Mode-1 or 2 134.OSTEOCHONDROSIS, Mode-1 or 2 135.OSTEOPOROSIS, MOde-1 or 2 136.OVARIAN CYST, Mode-1 or 2 137.PANARICIUS, Mode-1 or 2 138.PANCREATITIS ACUTE, Mode-1 or 2 139.PANIC ATTACK, Mode-1 or 2 140.PARKINSON'S DISEASE MAINTENANCE, Mode-1 141.PHOTODERMATITIS, Mode-1 or 2

142.PLANTAR FASCIITIS, Mode-1 or 2 143.PLANTAR WARTS. Mode-1 or 2 144.PNEUMONIA, Mode-1 or 2 145.POLYPS, Mode-1 or 2 146.POST SURGERY PERIOD, Mode-1 or 2 147.POTENCY ENHANCEMENT FOR MEN, Mode -1 or 2 148.PREMENSTRUAL SYNDROME, Mode-1 or 2 149.PROSTATITIS AND ADENOMA, Mode-1 or 2 150.PSORIASIS, Mode-1 or 2 151.PSYCHOLOGICAL PROBLEMS, Mode-1 or 2 152.RESPIRATORY INFECTION, Mode-1 or 2 153.RESTLESS LEGS SYNDROM, Mpde-1 or 2 154.RHEUMATOID POLYARTHRITIS, Mode-1 or 2 155.SCAR, Mode-1 or 2 156.SCIATICA / RADICULITIS, Mode-1 or 2 157.SCOLIOSIS, Mode-1 or 2 158.SHOULDER PAIN, RECOVERY, Mode-1 or 2 159.SMOKING CESSATION, Mode-1 or 2 160.SNORING CORRECTION, Mode-1 or 2 161.STAPHYLOCOCCUS, Mode-1 or 2 162.STOMACH FLU, Mode-1 or 2 163.STOMATITIS, Mode-1 or 2 164.STROKE REHAB HEMORRHAGIC, Mode-1 or 2 165.STROKE REHAB ISCHEMIC, Mode-1 or 2 166.SUNBURN / SUNSTROKE, Mode-1 or 2 167.Super Program-1, Mode-2 168.TENNIS ELBOW, Mode-1 or 2 169.THERMAL BURN, Mode-1 or 2 170.THROAT SWELLING, Mode-1 or 2 171.THYROID GLAND SUPPORT, Mode-1 or 2 172.TONSILLITIES, Mode-1 or 2 173.TRAUMA AND FRACTURE, Mode-1 or 2 174.TRAUMA AND HEMATOMA, Mode-1 or 2 175. TRAUMA AND TENDONS / MUSCLES RUPTURE, Mode- 1 or 2 176.TRIGEMINAL NEURALGIA, Mode-1 or 2 177.ULCERS OF GASTROINTESTINAL TRACT, Mode-1 or 2 178.URETHRITIS, Mode-1 or 2

179.UROGENITAL REGULATION FOR MEN, Mode-1 or 2 180.UROGENITAL REGULATION FOR WOMEN, Mode 1or2 181.UTERINE BLEEDING, Mode-1 or 2 182.UTERINE FIBROIDS / MYOMA, Mode-1 or 2 183.VAGINOSIS, THRUSH INFECTION, Mode-1 or 2 184.VARICOSE VEINS ACUTE, Mode-1 or 2 185.VERTIGO, Mode-1 or 2 186.VITAMINS AND MINERALS FREQUENCIES, Mode-1 or 2 187.WEIGHT REDUCTION, Mode-1 or 2

Mode 3 and 4

188. Activation of Vital Energy, Mode-4 189.Alpha Rhythm, Mode-4 190.Alpha for Comfort, Mode-4 191.Alpha for Peace, Mode - 4 192. Alpha for Physical Strength, Mode-4 193. Altered States of Consciousness, Mode-4 194. Anesthesia, Mode-4 195. Anxiety Reduction, Mode-4 196.Beta Rhythm, Mode-4 197.Brain Frequencies Balancing, Mode-4 198.Cerebral Support, Mode-4 199. Children's Program, Mode-4 200. Consciousness Control, Mode-4 201.Conscious Dreaming, Mode-4 202. Creativity Development, Mode-4 203. Deep Relaxation, Mode-4 204.Delta Rhythm, Mode-4 205.Delta for Falling Asleep, Mode-4 206.Depression Program -1, Mode-4 207. Depression Program-2, Mode-4 208. Depression Program-3, Mode-4 209. Endorphins, Hormones of Happiness, Mode-4 210.Energy Boost, Mode-4 211. Entering a State of Drowsiness Before Sleep, Mode-4 212. Exiting a State of Drowsiness After Sleep, Mode-4

213. Hypnotherapy Suggestion, Mode-4 214.Immune System Boost-1, Mode-4 215.Immune System Boost-2, Mode-4 216.Increasing Adaptation Resources-1, Mode-4 217. Increasing Adaptation Resources-2, Mode-4 218. Memory Support, Mode-4 219.Metabolism-1, Mode-4 220.Metabolism-2, Mode-4 221.Mind Clearing, Mode-4 222.Negative Thoughts Erasing, Mode-4 223.Neurohumoral Regulation, Mode-4 224. Occasional Regulation, Mode-4 225.Out of Time-1, Mode-4 226.Out of Time-2, Mode-4 227.Overcoming Fears, Mode-4 228.Schumann Waves, Mode-4 229.Self-Esteem Development, Mode-4 230.Sexual Regulation-1, Mode-4 231.Sexual Regulation-2, Mode-4 232.Short Break, Mode-4 233.Sleep Program-1, Mode-4 234.Sleep Program-2, Mode-4 235.Sport Program, Mode-4 236.Stress Program-1, Mode-4 237.Stress Program-2, Mode-4 238.Stress Program-3, Mode-4 239.Stress Program-4, Mode-4 240.Studying Program-1, Mode-4 241.Studying Program-2, Mode-4 242.Super Program-2, Mode-4 243.Super Program-3, Mode-3 244.Theta Rhythm, Mode-4 245. Theta for Awakening, Mode-4 246.Theta for Inspiration, Mode-4 247. Theta for Morning Freshness, Mode-4 248. The Regulatory Centers Activator, Mode-4 249.GOLDEN RATIO, any mode

250.SOLFEGGIO, any mode

251.Veterinarian – Digestion Restoration, Mode-1 or 2

252. Veterinarian-Parasites, Viruses, Fleas, Ticks, Mites, Mode-1 or 2

253.Veterinarians – Wellness Complex, Mode-1 or 2

Recommendations for new Trinity users:

1) Water Must! It is very important to drink an appropriate amount of purified water when using Biomedis Trinity.

Frequencies penetrate your body better when it is well hydrated. Biomedis doctor's recommendation is to drink at least 300 g per 10 kg body weight, ... or 50% of your body weight in lbs converted to ounces of water. {for example, a 160 lb person should consume at least 80 ounces of water a day.}

2) Signal Strength:

The device should be used at 50% signal strength for the first-time users, excluding small kids, pets or very ill person. For them Trinity device should be set at 25% strength. If this level of strength suits your personal sensitivity, continue use at this signal strength for the first two weeks; and then you may increase signal strength to 75% and then to 100%, as your body develops a comfort level with the device.

3) Mode Selection:

It is very important to select the proper mode to use with your chosen complex:

** Mode 1 is for bio resonance mono frequency (a single frequency at a time. It is gentler. In this case you carry device on your body. Always back side of the device toward the body.

** Mode 2 is for bio resonance multi frequency (Trinity has 3 antennas. In mode-2 each antenna shines frequency, so 3 frequencies go into your body at the same time. It is more effective. In this case you put device distantly from your body.

** Mode 3 is for Basal Rhythms Correction technology. Device should be placed distantly towards the middle of your body. (We have only one complex for mode-3 Super program 3)

** Mode 4 is for Transcranial Magnetic Stimulation and Psychosomatic Correction technology. Device should be placed distantly towards your head. We have 60 complexes for mode 4.

4) Scanning:

Modes 2, 3 and 4 require scanning before therapy to create a unique individual carrying wave.

After you have chosen your complex and clicked OK, immediately turn the device over with the back towards your body (for mode 2 and 3), or towards your head (for mode 4).

Hold the device 20 - 40 cm (8 - 16 inches) from your body or head for 8 seconds, when

you will hear the sound of the complex starting and feel the device quick vibration.

5) Placement:

In Modes 1, 2, or 3; direct Trinity to the center of your body, or to the area of complaint. In Mode 4 direct Trinity to your head.

It is very important to place Trinity with its back side towards your body, because its antennas are located at the rear.

The device can be placed on a table, bedside table, or suspended over you using a microphone stand with appropriate holder, or iPhone holders.

Using these techniques the device is more accurately tuned to the frequencies of your body, resulting in increased efficiency.

Using complexes in different modes allows you to work on all levels: Body-Mind-Emotions-Spirit.

6) Basic Protocol: It is recommended that you start with following complexes and repeat them 2 times a year

First month:

- 1 Anti-Stress, Mode-1 or 2;
- 2 Basic Daytime Detox, Mode-1 or 2;
- 3 Basic Nighttime Detox, Mode-1 or 2

Second month:

- 1 Detox from Heavy Metals, Mode-1 or 2;
- 2 Acid-Alkaline Balance, Mode-1 or 2

Third month:

1 Anti-Parasites, Mode-1 or 2 Anti-Bacterial, Mode-1 or 2

3 Anti-Fungal, Mode-1 or 2

It is recommended to add complexes in mode -4:

*** Add at morning/daytime complexes in mode-4 to improve your energy: i.e. - Activation of vital energy; Regulatory centers activator; Energy boost; Morning freshness.

*** Add at evening time complexes in mode-4 to relax: i.e. - Alpha for comfort, Alpha for peace, Alpha for physical strength, Deep relaxation.

Important:

It is very important to have a 30 to 60-minute break between complexes.

You should also take a few days' rest period after you finish an extended therapy period. Your body needs the rest and time to reset itself.

*** Complexes in Mode 4 are recommended to be used in series therapy for 10 to15 days, once a day.

*** Complexes for acute symptoms like headache, backache, flu, covid, diarrhea, cold sore, etc. should be used 2 to 3 times a day, until symptoms are gone.

*** Complexes for chronic conditions like arthritis, diabetes, psoriasis, etc., should be used for maintenance, and along with therapy you have to change your lifestyle.

7) Individual approach:

It is always better to create a personalized complexes for your individual needs, if your condition warrants extra care.

We can create for you customs Trinity care protocol if you fill out questionary form about your health history.

This service is free if your device from our store: <u>www.biomedis.club</u>

8) NO Side effects, but should you experience intoxication or healing crises symptoms such as weakness, tiredness, nausea, headache, pain, skin reaction, etc. run the complexes associated with your symptoms.

Take a break from your basic routine complexes for a few days and use sorbents like activated charcoal for symptoms relief.

When your condition improves, you can return to the daily routine complexes with reduced signal strength.

And gradually increase signal strength as your body cleanses itself.

9) Tips:

To increase the efficiency of the Trinity device, We recommend you purchase one Biosky Photonic Crystal from our store.

You need to put photonic crystal Biosky in front of the Trinity device in your pouch.

Biosky photonic crystal transforms the direction of the frequencies from linear (straight forward) to clockwise rotation, which makes therapy even more effective.

We can send you more info about variety of the photonic crystals by your request.

To prolong your device Trinity battery life, always discharge the battery fully before you charge it again.

WWW.BIOMEDIS.CLUB